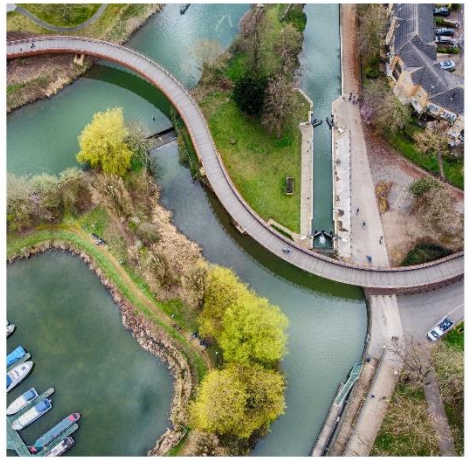
Integrated Care
Northamptonshire

Step-up and step-down community transformation



Pathway 2 Provision

(recovery, rehabilitation, assessment, care planning or short-term intensive support in a 24-hour non acute bed-based setting)

Our shared challenge

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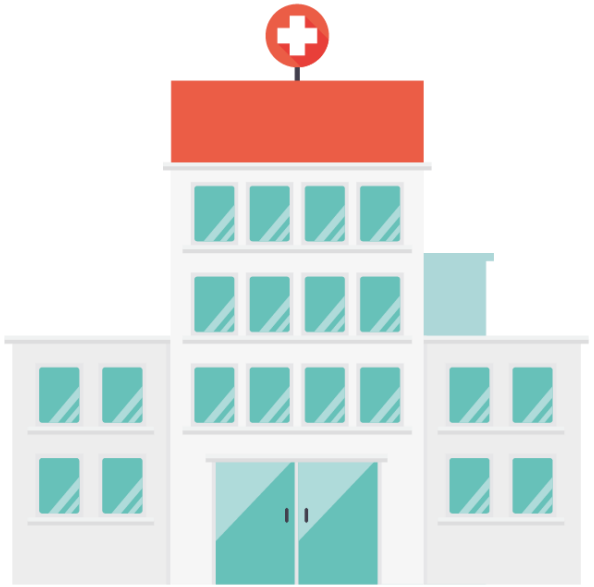
- Our shared goal is *Keeping People Well* through the provision of *Right Support at the Right Time in the Right Place*. These all build on the successful transformation within Northamptonshire achieved to date.



- Despite our strong progress, on average **100 people over 65 will be admitted to hospital each day** where the admission wasn't planned.
- **4 or 5** of those admitted will **require a community bed** as the next step in their recovery **(a Pathway Two care episode)**

Resolving our shared challenge

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- Patients identified as needing a Pathway Two bed (stepping up into it or stepping down) were often waiting for the **right bed** to be available for them resulting in high numbers of patients not being in the right place.
- Yet across Northamptonshire we had **empty beds** because they were not the **right beds.** Often, we were full in our old estate and only partially full in our modern estate
- This meant **people spent longer in hospital than they needed to.**
- The longer a patient remains in the wrong setting the greater the likelihood of decompensation, loss of skills, confidence and risk of reinfection arising compounding our demand pressures

Current P2 Bed Position

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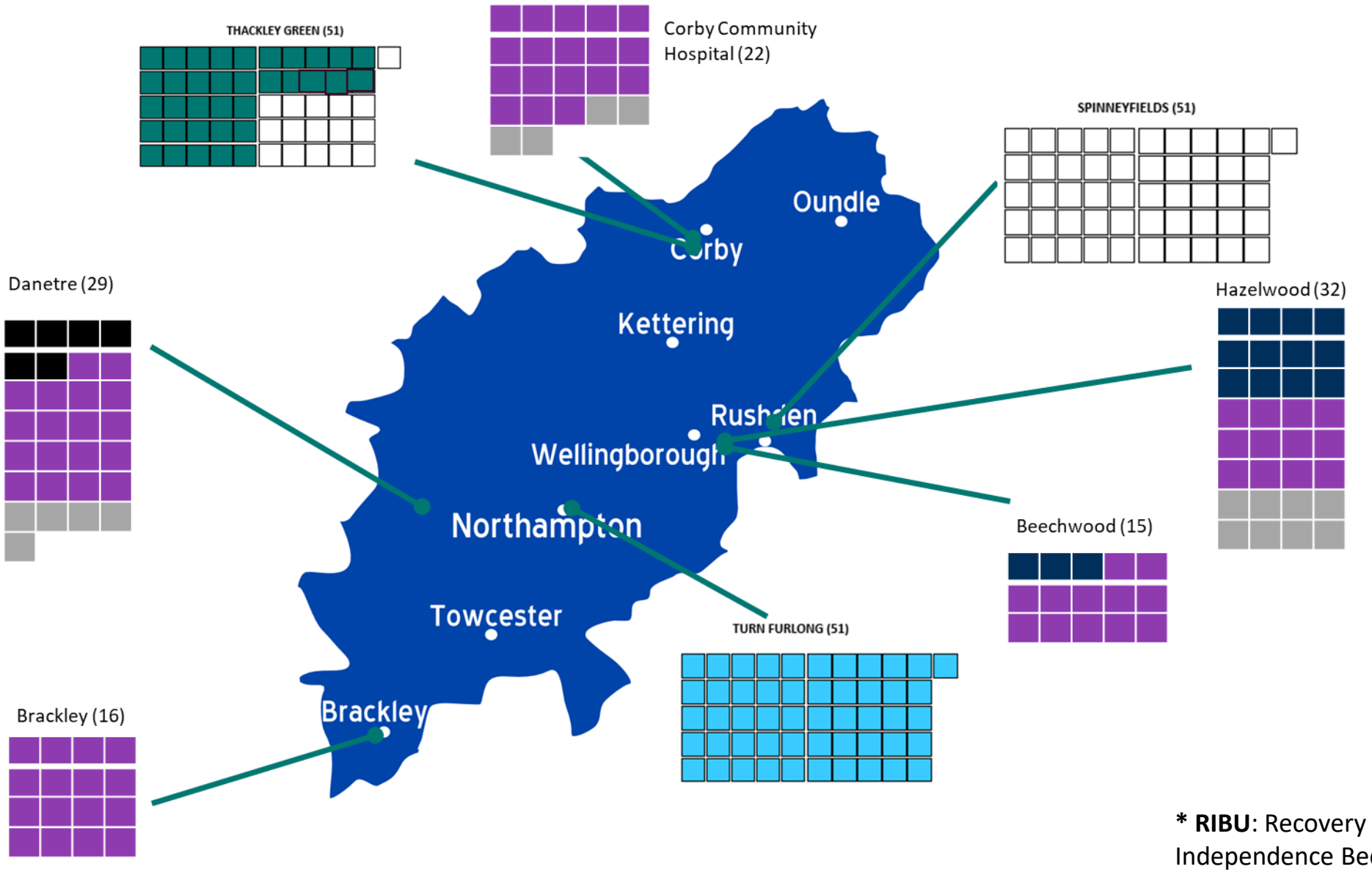

* RIBU x 51

Health x 76

Social x 35

Palliative x 6

Stroke x 15

Health Surge Unstaffed x 17

Social Care Unstaffed x 67

267 beds

* **RIBU**: Recovery Independence Bed Units

In 2025 I will have

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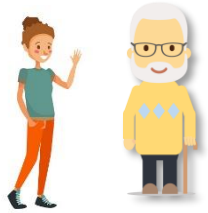
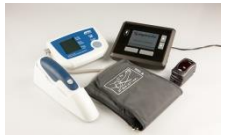
Proactive remote monitoring and reassurance that support is quickly available if I need it

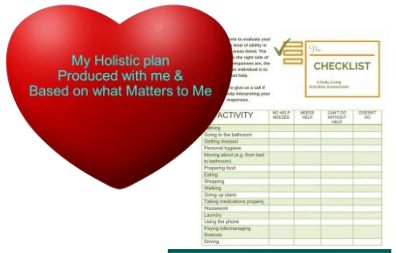
Assistive Technology to maintain my independence



Befriending if I want this

Personalised Equipment to help me self manage my health





My personal holistic plan shared with who I choose and reviewed regularly with me.

Backed up with timely access to recovery specialists as my needs change (RIBU, integrated community teams)

Free Wifi & digital platforms & Life Stores App

Access to range of local community activities and support groups (in person or virtual)

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Breathing Space
Memory Hub
Get up and Go Classes
Heart Group
Singing for Breathing / Dementia Choir

Mavis

My go to named person from my local integrated team !

The success from Turn Furlong shows the benefits achieved from an integrated Health and Social Care approach

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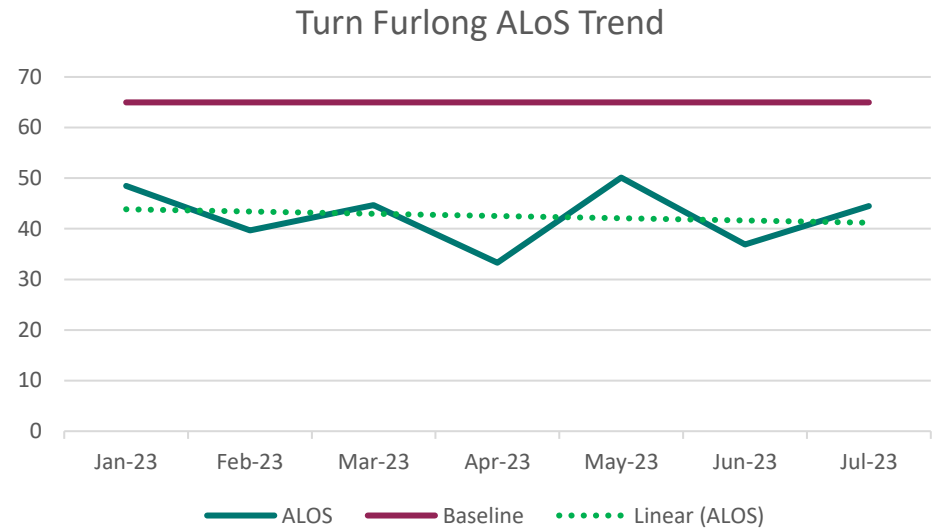
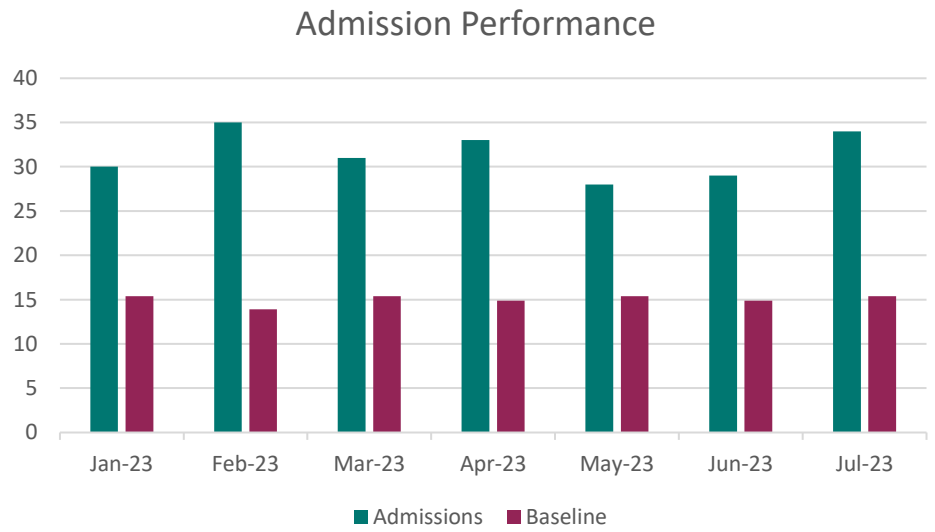
Turn Furlong

	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23
Average Length of Stay (ALOS)	48.5	39.7	44.7	33.3	50.1	36.9	44.5
Baseline	65	65	65	65	65	65	65

	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23
Admissions	30	35	31	33	28	29	34
Baseline	15	14	15	15	15	15	15
Variance	15	21	16	18	13	14	19





Average Length of Stay continuing to trend downwards and significantly lower than baseline which, with all 51 beds available has enabled an **additional 115 persons** to be supported in the last six months

Our shared transformation in 2022/2023

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- Through the Integrated Care Across Northamptonshire (ICAN) programme partners came together to address challenges and designed and implemented a number of solutions:

Improved processes within Acute Hospital

Discharge Hubs coordinating care

Increased weekend transfers

Increased board and ward rounds within P2 beds to support onward care

Integrated staffing model between social care & NHFT

Improved access to equipment to remove discharge delays

Transformation 2023/2024

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- Turn Furlong joint model continues
- Thackley Green SCC transferred to North Northamptonshire Council and now implementing an integrated social care and health delivery model
- The improved flow has reduced the need for surge capacity at Kettering General Hospital
- Performance has significantly improved
- Feedback has been positive and featured in recent BBC Radio Northampton focus piece
- Preparation continues for winter 23/24 and beyond

Next Steps

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- We will continue to engage with all our stakeholders to agree solutions for the next steps in our journey.
- Our immediate priorities are to :

1. Utilise the best of our combined estate

2. Develop our clinical model For complex dementia in P2

3. Deliver care together that reduces The time people spend in hospital

4. Review our provision across Northamptonshire to ensure we have the right beds in the right place

5. Use the learning from Turn Furlong & Thackley Green to create a health and care workforce and plan

Conclusion

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- Our Pathway 2 solutions have been developed and delivered together, in response to the vision set out by North and West Northamptonshire Councils through Better Care Fund submissions & the ICP Strategy and ICB Plan
- As we continue to innovate, we will develop a business case for our future model
- Areas for discussion
  - We would like to make the best use of our joint estate by delivering services together where we can
  - We would like to do more to develop our community beds to ensure we have the right beds in the right place
  - How should we build on today's conversation with you moving forward?